



Paston Ridings Primary School
Paston
Peterborough
PE4 7XG
Phone: 01733 762742
Email: admin@pastonridings.peterborough.sch.uk

Headteacher: Mrs J Cook

Deputy Headteacher: Mrs N Harradine
Deputy Headteacher: Mrs G Hayes

Dear Parent/Carers,

This year we will be continuing with pupils coming to school dressed for PE. Children will need to be wearing suitable clothing for indoor or outdoor PE.

Children should be wearing:

- Plain white t-shirt
- Plain Blue or black shorts/leggings/tracksuit trousers (shorts can be under tracksuit trousers.)
- Trainers/Plimsolls
- On outdoor day, a suitable tracksuit or jogging bottoms with a sweat shirt and t-shirt(s) or base layer underneath (during colder weather.)
- During the cold months hats and gloves may also be worn.
- Please avoid tights on PE days as children may be working bare foot in the hall.
- **Earrings should be removed on PE days.** If they are worn then pupils will need to be able to remove them themselves. Children wearing earrings will not be able to participate.

Each year group will have designated PE sessions. This will be two days for each year group, except early years who will have one day.

EYFS PE days: Friday

Year 1: Monday Outdoor, Tuesday (**Ladybirds** and **Bees**) indoor, **Wednesday Caterpillars** indoors.
Year 2: Monday indoor **Owls** and **Hedgehogs**, **Thursday indoors Foxes**, Wednesday outdoors.
Year 3: Monday Outdoors, Friday indoors.
Year 4: Tuesday indoor, Wednesday outdoors.
Year 5: Wednesday indoor, Thursday outdoors.
Year 6: Monday indoors (**Lions and Tigers**) Tuesday indoors **Jaguars**, Friday outdoors

These days should not change during the Spring term, we will advise of any changes for the Summer term if needed.

If you have any questions please contact the school and we will answer as soon as possible.

Yours faithfully

Mr A Love

PE Lead



