

WEEK TWO

Be Our Guest!

Paston Ridings Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pork Loin & Sweet Apple Gravy*	Creamy Beef Pasta* bake	Mega Ham Pizza*	Roast Chicken with all the trimmings	Breaded Fish or Fish Fingers Tomato Sauce available
Main Vegetarian	Crumbled Vegetable* Bake	Courgette Tartlets* & Saute Potatoes	Mega Cheese & Roast Pepper Pizza*	Quorn Fillet with all the trimmings	Cheese & Tomato* Pastry
Salads	Jacket Potatoes with various fillings*	Jacket Potatoes with various fillings*	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Smoked Mackerel & Cucumber Wrap
Starchy Food	Creamy Veggie mash	Rosemary & Garlic* Wedges		Golden Roast Potatoes or Sweet Potato Mash	Chips
Vegetables	Macedoine	Seasonal Vegetables	Sweetcorn or Baked Beans	Trio of Vegetables (S)	Peas & Carrots
Desserts	Oat & Cherry Squares* or Fruit or Yoghurt	Pear Pudding or Fruit or Yoghurt	Cornflake Tart* & Custard or Fruit or Yoghurt	Chocolate Cracknel or Fruit or Yoghurt	Strawberry & vanilla mousse or Fruit or Yoghurt
Served Daily: Yogurt/Fresh Fruit/Cheese & Biscuits/ Fresh Baked Bread/Fresh water/Salad		All Meals Are Subject To Availability		*Allergen information is available. Some items on the menu may be subject to change. Certain vegetables are seasonal (S) *Meals are made fresh on the day using local produce where possible. For any specific dietary requirements or allergen advice please speak to the catering manager, Mrs Thurgood, before paying for your child to have a school lunch.	

Meal prices: Foundation Stage & Key Stage 1 = Free

Key Stage 2 = 2.00

Staff(Adult) = 2.10