

WEEK ONE	<b>Be Our Guest!</b>	Paston Ridings Primary School
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	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	Pork Sausages with Onion Gravy*	Beef Chilli* & Cheese Topped Garlic Bread	Mega Cheese Pizza*	Roast Turkey in Gravy with herby Yorkshire Pudding	Fish Fingers or Tomato Sauce available
<b>Main Vegetarian</b>	Quorn Sausages with Onion Gravy*	Vegetable Chilli* & Cheese Topped Garlic Bread	Mega Jewelled Margarita Pizza*	Quorn Fillet in Gravy with herby Yorkshire Pudding	Cheese & Onion* Parcels
<b>Salads</b>	Jacket Potatoes with various fillings*	Jacket Potatoes with various fillings*	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Smoked Mackerel Baps
<b>Starchy Food</b>	Veggie mash	Spicy Couscous*		Crispy Roast Potatoes	Chips
<b>Vegetables</b>	Carrots & Green Bean	Mixed Vegetables (S)	Coleslaw (S) Or Baked Beans	Trio of Vegetables (S)	Peas & Sweetcorn
<b>Desserts</b>	Fruity Flapjack* Or Fresh Fruit or Fruit Yoghurts	Mint Choco sponge* with Creamy Custard or Fresh Fruit or Fruit Yoghurt	Syrup Sponge* with Custard or Fresh Fruit or Fruit Yoghurts	Fruity Cookies or Fresh Fruit or Fruit Yoghurts	Vanilla Ice Cream or Fresh Fruit or Fruit Yoghurts
<b>Served Daily:</b> Yogurt/Fresh Fruit/Cheese & Biscuits/ Fresh Baked Bread/Fresh water/Salad	<b>All Meals Are Subject To Availability</b>		<p style="font-size: 0.8em;">*Allergen information is available. Some items on the menu may be subject to change. Certain vegetables are seasonal (S) *Meals are made fresh on the day using local produce where possible. For any specific dietary requirements or allergen advice please speak to the catering manager, Mrs Thurgood, before paying for your child to have a school lunch.</p>		

Meal prices: Foundation Stage & Key Stage 1 = Free

Key Stage 2 = 2.00

Staff(Adult) = 2.10