

WEEK THREE	<b>Be Our Guest!</b>	Paston Ridings Primary School
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	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	Creamy Pasta Bake*	Beef & Vegetable Pie* with Gravy	Mega Ham Pizza* (S)	Roast Pork and all the trimmings	Fish Fingers or Salmon Bites
<b>Main Vegetarian</b>	Creamy Pasta Bake*	Quorn & Vegetable* Pie & Gravy	Veggie (S) Mega Pizza*	Quorn Fillet and all the trimmings	Cheese & Tomato Wrap
<b>Salads</b>	Jacket Potatoes with various fillings*	Jacket Potatoes with various fillings*	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	
<b>Starchy Food</b>	Herby Bread*	Creamy Mash		Crispy Roast Potatoes	Chips
<b>Vegetables</b>	Seasonal Veg	Cabbage (S) and Green Beans (S)	Coleslaw* (S) Or Baked Beans	Trio of Vegetables (S)	Baked Beans or Peas
<b>Desserts</b>	American Pancake with Sultanas Or Fruit or Yoghurt	Fruit Crumble Slice & Custard or Yoghurt or Fruit	Viennese Whirl Fruit or Yoghurt	Fudge Tart or Fresh Fruit or Fruit Yoghurts	Strawberry Smoothies
<b>Served Daily:</b> Yogurt/Fresh Fruit/Cheese & Biscuits/ Fresh Baked Bread/Fresh water/Salad	<b>All Meals Are Subject To Availability</b>		<p>*Allergen information is available. Some items on the menu may be subject to change. Certain vegetables are seasonal (S) *Meals are made fresh on the day using local produce where possible. For any specific dietary requirements or allergen advice please speak to the catering manager, Mrs Thurgood, before paying for your child to have a school lunch.</p>		

Meal prices: Foundation Stage & Key Stage 1 = Free

Key Stage 2 = 2.00

Staff(Adult) = 2.10