ANXIETY UNINSTALLING....

50%

Anxiety support group coffee morning at Paston Farm Centre Thursdays 9.30am - 10.30am

Please don't suffer alone - come down to our friendly community cafe. Talk, share coping methods or just listen and eat cake.



This group is hosted by members of the local community at Paston Farm Centre Freston PE4 7XB pastonfarm@gmail.com 01733 570310